

NEW WIC-Eligible Cereal

Vanilla Spice
Cheerios™
Available this May!



Vanilla Spice Cheerios		with ½ cup skim milk
Calories		Calories
	150	190
	% DV**	% DV**
Total Fat 1.5g*	2%	2%
Saturated Fat 0g	0%	3%
Trans Fat 0g		
Polysaturated Fat 0.5g		
Monounsaturated Fat 0.5g		
Cholesterol 0mg	0%	1%
Sodium 140mg	6%	8%
Total Carbohydrate 32g	12%	14%
Dietary Fiber 3g	11%	11%
Total Sugars 8g		
Incl. Added Sugars 8g	16%	16%
Protein 3g		
Vitamin D 2mcg	10%	15%
Calcium 200mg	15%	25%
Iron 18mg	100%	100%
Potassium 180mg	4%	8%
Vitamin A	10%	15%
Vitamin C	10%	10%
Thiamin	100%	100%
Riboflavin	100%	110%
Niacin	100%	100%
Vitamin B ₆	100%	100%
Folate (235mcg folic acid)	100%	100%
Vitamin B ₁₂	100%	120%
Pantothenic Acid	100%	100%
Zinc	100%	100%



12 oz



18 oz

Vanilla Spice Cheerios is a delicious multigrain cereal with a touch of cinnamon and vanilla flavor. YUM!

- ✓ Meets the current 51% whole grain WIC requirement - delivering 28g of whole grain per serving!
- ✓ First ingredient is whole grain oats
- ✓ Provides 100% Daily Value of 9 Vitamins & Minerals
- ✓ Labeled Gluten Free on package
- ✓ Available in 12.0 and 18.0 oz sizes
- ✓ No artificial flavors and no artificial colors from artificial sources

For questions, please contact us at WIC@GenMills.com