

Plus it up!

Plus it up™ with Progresso™

Looking for an easy and delicious way to get more protein into your day? Give Progresso soup a starring role at your next meal. Just heat and eat — and plus it up with a side of fruit, low-fat dairy, whole grains or veggies.



Serving size = 1 cup

+ Fruit, like apple or banana

+ Glass of low-fat milk

+ Handful of whole grain crackers

+ Side of baby carrots



With Progresso, there's a soup to satisfy everyone's needs. Look for Progresso Light and Reduced Sodium varieties to find the best meal match-up for you.



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