CHEERIOS SWEET POTATO QUICK BREAD



TOTAL TIME 2 Hours 10 Minutes



SERVES Two loaves

INGREDIENTS

- 2 cups Cheerios[™] Cereal
- 1 cup Gold Medal™ all-purpose flour
- 1/2 cup Gold Medal[™] whole wheat flour
- 2 teaspoon baking soda
- 1/2 teaspoon baking powder
- 1/2 teaspoon salt
- 1 teaspoon ground cinnamon
- 2 cups mashed cooked fresh sweet potatoes (3 to 4 medium)
- 3/4 cup packed brown sugar
- 3/4 cup granulated sugar
- 1/2 cup fat-free (skim) milk
- 1/4 cup canola or vegetable oil
- 2 teaspoons vanilla
- 3 eggs
- 1 cup raisins



- 1. Move oven rack to slighter lower than center so tops of pans will be in center of oven. Heat oven to 350°F. Spray bottoms only of 2 (8x4-inch) loaf pans with cooking spray.
- 2. Place cereal in resealable food-storage plastic bag; seal bag and finely crush with rolling pin or meat mallet (or finely crush in food processor). Pour into large bowl.
- 3. Add flours, baking soda, baking powder, salt and cinnamon; mix well. Set aside.
- 4. In medium bowl, using whisk, mix sweet potatoes, sugars, milk, oil, vanilla and eggs until well blended.
- 5. Add to flour mixture; stir just until moistened. Stir in raisins.
- 6. Divide batter evenly between loaf pans (about 2 1/2 cups batter each pan).
- 7. Bake 40 to 50 minutes or until toothpick inserted near center comes out clean. Cool in pans on cooling rack 10 minutes.
- 8. Remove from pans. Cool completely on cooling rack, about 1 hour.